



Hickory Neck Nuggets

September 2013

“Mu-Wah-Ha-Ha-Ha-Ha-Ha!”

By The Reverend Michael L. Delk

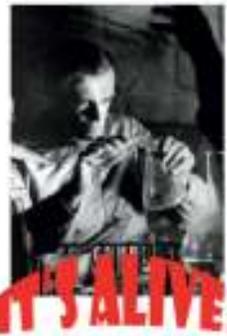
Yes, that’s the creepy chuckle we associate with mad scientists in movies. Shortly after their spasm of laughter, they make some grand pronouncement along the lines of “It’s alive!” That’s sort of how I feel in August and September. I’m not a professional scientist, nor am I mad. OK, the last one’s debatable. But as we gear up from a tranquil summer, I get this giddy sensation about the parish. It’s alive! We become alive to new opportunities for fellowship, formation, worship, and service.

Consider Sunday, September 8. Sunday school starts for our children in 5th grade and younger at 10:15a.m. I don’t feel the need to convince you of how incredibly important this is, but a reminder never hurts. Christians are made, not born, and the stories of faith our children learn from faithful teachers help build them up into people who can be at peace with God, at peace with themselves, and at peace with the world.

That same day, our Parish Choir will enjoy a picnic at the Teale’s: time TBA; look for it in our E-pistle and Sunday morning bulletin announcements. This event will kick off our choir season under our new Minister of Music, Sarah Bland. Whether you’ve been singing with the choir for a decade or are considering this ministry for the first time, I encourage you to come together in fellowship. Brilliant things are already happening in our music ministry, with instrumental soloists and ensembles from within and outside the parish offering up music regularly

throughout the summer. I can hardly wait to hear our Parish Choir and the Choral Scholars back in action.

Also on September 8, our youth group will resume meeting, from 6–8 p.m. Our focus this year is on fellowship, formation, and outreach, as our 6th–12th graders grow into the full responsibilities of their faith. It’s going to be fun, with multiple off-campus events, plenty of prayer and worship in the Historic Chapel, and challenging conversations about the scripture and how it applies to challenges of daily life.



On that very same Sunday, we start a series of adult classes, held in the Nave of the New Chapel on a variety of subjects. Each Sunday will feature a new topic, so that if you miss a session because you’re sick or out of town, you need not feel as if you are behind. For instance, we’re going to spend some time talking about the Bible: its origins, structure, contents, and

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ways of interpreting scripture. Each of these subtopics will comprise a separate, single Sunday. Then the next Sunday, we embark on another part.

Every Sunday, following a brief presentation, we'll spend most of our time exploring your questions, discovering how knowledge can lead us on the path to wisdom and a fuller life. In addition to the Bible, we'll be talking about the Church and its mission, Christian morality as disciples and ministers, the history of The Episcopal Church that makes it unique among other denominations and faiths, and the many practices of prayer that can help us draw closer to Jesus. We will address core realities of faith, like what it means to have faith, receive grace, repent from sin, and forgive and be forgiven.

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Keep your eyes open ... God is blessing us generously.
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On Sunday, September 15, we will be hosting a parish-wide picnic in thanksgiving for the resumption of these activities after their summer hiatus, from 4-6 p.m. at Hickory Neck. Everyone is encouraged to participate. Think of it as a Homecoming feast, where our entire family can get reconnected.

There's much more happening that merits a little ink: a new Tai Chi class on Wednesday morning, the preparation for our Fall Festival on Saturday, October 12th, several baptisms we'll be celebrating in the months ahead. Keep your eyes open and don't miss out on any of these exciting experiences. God is blessing us generously. Indulge yourself with a hearty "Mu-Wah-Ha-Ha-Ha-Ha!" ❁



Sign-up sheets for the weekly **House Church** gatherings during Pentecost are posted in the Narthex.

participate in this ministry, so you would only need to drive about once a month. Please consider being the person who makes it possible for someone to come to worship. Contact Sue Edwards if you want to help. (757) 206-1029 or suedwards@cox.net

Hickory Neck will again participate in the **Ruby Tuesday** Give Back Program this year. Last year we made over \$300 by Hickory Neck members and friends dining at the Monticello Avenue Ruby Tuesday on one or more of the three designated evenings. This year we expect the dates will be **22, 23 and 24 October**. In order for Hickory Neck to get 20% of the bill for your meal on those dates, each party must present a Give Back Flyer. These flyers will be available in the Narthex in early October. More information will be available in the E-pistle and the October Nuggets.

At Hickory Neck, we welcome everyone to participate in everything freely, member or non-member. However, if you would like to become an official member of Hickory Neck, we want to make that happen for you. Simply call our office, 566-0276, or speak to Father Michael or Father Henry. There are several ways to join. If you have not yet been baptized, we would be overjoyed to speak with you about receiving the Sacrament of Baptism. If you are already baptized, we can transfer you in as a baptized member, and if your letter of membership resides in another congregation, we can write them and effect the transfer. Official membership entitles a person to vote and stand as a candidate in parish elections, but making the commitment of membership is also a good way to affirm your commitment to the mission of Jesus Christ in this place.

DRIVERS NEEDED: We need people to drive some of our members to church. This would require a pick up in **Norge** for the **8:00 service**. You would be part of a pool of people who parti-

<p>Nuggets Staff Editor: Jim Izzo Historical Reporter: Martha W. McCartney Contributing Reporter: Mary Teale Production: Rebecca Zoellner</p>	<p>Deadline for submissions is the 15th of each month. Items received after this date will be considered for publication in a future issue.</p> <p>Please send submissions to nuggets@hickoryneck.org</p>
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Children's Chapel

By Children's Chapel Ministers



Gratitude—a Blessing

By Ann Cooper

In the last month since we talked about gratitude, I have enjoyed reading the cards posted on the Kiosk. The cards included our love of others, both family and friends, and our appreciation for their love returned. I especially enjoyed how much we all appreciate Hickory Neck; many of the friends for whom we said “Thank you” are our friends here at Hickory Neck. When I read the references to the gifts we receive through worship, the Holy Spirit, God, and Jesus, I saw our appreciation for our priests who are inspired to bring us the best in worship experiences.

Reading the many references to our church family inspired me to think further. What are the values in being grateful? In other words, why be thankful? Have you ever been especially moved when someone says “thank you” after you hold the door for them to come into a store after you? It seems one “thank you” leads to others. Our life tends to focus on looking for ways to contribute to others. We focus on caring and on making time for loving thoughts and acts. Our gratitude list can help us see our capabilities, even some that had not come to mind before. We find that setting goals for new experiences or new ways around us to contribute to be exciting, not draining.

Sylviane Nuccio, a life coach in North Carolina, stated in one of her articles, “When you focus on what you are grateful for, you become happier.” I have found that keeping a gratitude journal inspires me to think of at least one thing every day for which to be thankful. I find that act helps me move in positive directions. Just think what all of our collective positive motion can mean for our lives as the Hickory Neck family!

Every Sunday at the 9 a.m. Service, as we sing the Gospel hymn, two of our Children's Chapel ministers lead our children between the ages of 3 and 7 to the Narthex for a special chapel service. The goal of the program is to encourage children to grow in love of worship through prayer, songs, and stories.

Using materials designed to focus on each Sunday's readings, we offer creative ways to present the group to plan and to share our ideas for making the worship experience valuable for our younger children.

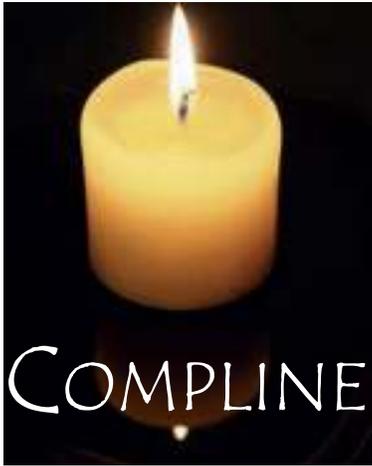
The following expresses the Children's Chapel ministers' love for the ministry:

We love to tell a story and see the children light up when they connect all the dots that tie their everyday lives to their Christian faith. God told us a long time ago, “It's all about the children.”

If you know children of this age group (3-7), please invite them to come and experience Children's Chapel. We sincerely hope that everyone will support this ministry. Let us know what you think about the program, what the children say, and any ideas you have for us to continue to provide a loving and joyful experience for our children.

Paula Simmons, Pam Stromberg, Toni Small, Tina Sinclair, Beth Pruitt, Margene Hart-sough, Ann Cooper

Advisors: Father Henry McQueen, De Fehrenbach



The resources of the Book of Common Prayer are rich and varied. In a recent blog post, Father Jeff Jackson of Saint Nicholas Episcopal Church of Hamilton, Georgia, addressed the blessings to be found by saying Compline with your children. Added to his “6 Reasons to Pray Compline with Kids” is the fact that it reinforces many of the lessons that are shared as part of the Hickory Neck Sunday School and Youth Group programs.

This fall there will be some emphasis on Compline for our youth, as well as for our adults. Watch for opportunities to learn about this prayer practice and for ways to incorporate it into your family’s spiritual life. We hope that you will consider sharing Compline in your family. For parents and kids, husband and wife, with friends, or solo, this is a special way to complete the day in the presence of God.

6 Reasons to Pray Compline with Kids

By Jeff Jackson, *The Hiking Priest*

For many years, we have said nighttime prayers with our kids before bed. For much of that time, we would go around and simply give thanks to God for the day’s blessings. Like any prayer method, this form became stale after a few years. The kids would try to outdo each other in thanking God for silly things, and our two youngest, both boys, had a hard time sitting still. A few months ago, Molly and I decided we needed a change. Now that two of our kids are reading, with a third in the next year or so, it felt like the perfect time to introduce them to the ancient rite of Compline.

Compline (pronounced COM-plin) is a form of prayers to be said right before bedtime. You can find Compline on page 127 in the Book of Common Prayer. The word comes from the Latin *completorium*, signifying the end of a complete day. There is a longstanding monastic tradition of praying at various points of the day, and Compline was the last hour one prayed before going to sleep. These prayers have been called “compline” since the 6th century, although the tradition existed well before that. I was taught Compline at summer camp, as it was the form of prayer we prayed together at the close of a busy day. Besides the rite of Holy Eucharist, I would say Compline is the most influential liturgy of my spiritual life.

I found very quickly that my kids loved Compline. It’s a brief prayer service, and easy for them to lead themselves. Now, we all take turns leading it. Here are 6 good reasons to introduce this into your own prayer life or the prayer life of your family, especially if you have kids.

1. Compline helps children become leaders and readers.

When we started, our oldest was 8 and the next oldest 6, who had finished her first year of reading in school. The first time we did it, I lead it and I asked them to follow along so they could take a turn the next night. This gave them the confidence to know that Compline can be led by anyone. The more they led, the more they loved it. Especially with the 6-year-old, it built her confidence in reading out loud for others. Plus, it was fun for me as a priest, to show them the rhythms of the liturgy, when we pause, when to leave silence, and how to choose options in the liturgy. They also learn to sit still when they hold a book in their laps.

2. **Compline teaches us new words.** When you read prayers and Scriptures first written and prayed thousands of years ago, you’re bound to come across a word that you don’t recognize. My kids now know words like “countenance,” “crag,” “pestilence,” “heavy-laden,” “adversary,” “celestial brightness,” and “changelessness.”

3. Compline makes you sleepy. This might be true of many liturgies, but we quickly noticed that the two younger boys stopped flopping around during prayers like dead fish. Instead, they would snuggle up closer so they could listen. By the end of Compline, they were both half-asleep and needed to be carried to bed. Compline in tone is akin to a lullaby.

4. Compline reinforces prayers we already know. Even during our “Thank you, God” prayers, we closed with the Lord’s Prayer. Compline includes this, so even when we started, the kids were not completely in the dark. If only we could remember to stop at “...and deliver us from evil.”

5. Compline teaches multiple types of prayer. We had been stuck in “Dear God, thank you for...” for so long, we forgot there were other types of prayer. Compline includes a short confession, which is a great way to remind children that they are forgiven no matter what mistakes they have made. There are prayers of praise, thanksgiving, intercession, and petition in Compline, which makes our prayers much more well-rounded, so that we are not only asking God for personal stuff and thanking God for Scooby-Doo and cupcakes for dessert.

6. Compline bathes us in Scripture. As with most of the Book of Common Prayer, many of the prayers come directly from Scripture. But Compline also includes 4

Psalms of various lengths (strangely enough, my kids choose the longest one, 91, more than any of them), 4 brief readings from other parts of the Bible, and even the Song of Simeon, which we find in Luke chapter 2. These kids are hearing and reading the Bible without us having to say, “Find Deuteronomy 5:17...hurry!” It’s simply washing over them, they are soaking up the words, and when they have a question, we talk about it.

These are just a few benefits to praying Compline. Try it yourself, and I’m sure you’ll find many more! ✨

Father Jeff Jackson's blog "The Hiking Priest" can be found at <http://stnicholashamilton.org/category/jeff-blog/>



Guide us waking, O Lord, and
 guard us sleeping; that awake we
 may watch with Christ, and
 asleep we may rest in peace.

SEPTEMBER



CELEBRATIONS

Birthdays

1	Larry Kelley	20	Dave Simmons
1	Elizabeth Kingsley	22	Kevin Maddox-
3	Steven Kingsley		Jefferson
4	Ed Joyner	24	Waverly Ferguson
6	George Johnson	24	Heather Sinclair
6	Ben Manning	25	D.J. Seeterlin
8	Barbara Husted	26	Bill Burnett
10	Janice Wagner	26	Cheryl Mathews
10	Josh Dutro	26	Barbara Laroche
11	Ann Burnett	26	Emily Corlett
13	Patty Kipps	28	Len Wagner
15	Jessica Kingsley	28	Stephen Greenhow
18	Kristin Baum	29	Rick Garfield
19	Ava Marshall	30	Maria Seeterlin
19	Laurie Todd		

Anniversaries

1	Sue & Sam Banks
1	Nancy & Bob Byrd
5	Eve & Tom Gee
9	Jeanne & Bob Williams
16	Sara & DJ Seeterlin
17	Jen & Bill Merton
28	Chris & Bob Zoglman

Did we miss your big day? If your birthday or anniversary is this month and you are not listed above, please send the information to Nuggets@hickoryneck.org



(07/31/13))

YTD Budget Income	\$241,224.50
YTD Actual Income	\$249,726.80
YTD Budget Expense	\$249,515.92
YTD Actual Expense	\$240,298.49

For a summer month, July was a pleasant surprise financially. Income for the month was significantly over budget. Some folks caught up and others who were vacationing or unable to be present for other reasons mailed in their contributions. Consequently, income was over budget by \$5,600 for the month and by \$8,502 year-to date. Expenses dipped in the other direction, ending under budget for the month and year-to date. At the end of July, we were in the black by \$9,428.

As you read this, we are about to begin another academic year not only at our local schools but also at Hickory Neck. It is a time of restarting our spiritual growth for all ages: Sunday School, Youth Group, Adult Christian Formation, EfM, Men's Breakfast, Knitters Group, and the list goes on. Consider the huge amount of Time and Talent involved in making all of these programs meaningful experiences which reach out not only to our own parish but to others as well. We are blessed to be entering the fall season with renewing Treasure to facilitate these programs. The Light on our Holy Hill beckons you to join in advancing your own spiritual growth with our Hickory Neck family.

Fred Boelt





Our Prologue

by Martha W. McCartney

Virginia's First Bishop

Throughout the colonial period, Virginians were baptized by their parish clergy, but males who experienced a call to the priesthood had to return to the Mother Country if they were to be ordained. As early as 1661, one Virginia clergyman urged the Bishop of London to send a bishop to the colony so that native born clergy could be ordained; however, nothing happened. During the late 1670's, King Charles II considered designating Jamestown an Anglican See and having a cathedral built there, thereby securing an episcopate or bishopric for the American colonies. However, urban Jamestown, torched during the popular uprising known as Bacon's Rebellion, never fully recovered and again, nothing happened. In fact, it wasn't until after the American Revolution that Virginia had its first bishop, the Rev. James Madison.

Madison, who was born in 1749 in Staunton, Virginia, was one of President James Madison's cousins. He was educated at a private school in Maryland and then enrolled in the College of William and Mary. Upon graduating in 1771, he studied law with George Wythe and was admitted to the bar but never practiced law. Instead, he became a member of the College's faculty in 1773 and served briefly as a professor of natural philosophy and mathematics. Upon receiving a call to the priesthood, he set sail for England, where he continued his education and ultimately was ordained. When the Rev. James Madison returned to the College of William and Mary in 1777, he was elected its presid-

ent and served for the next 35 years. During the American Revolution, he organized a militia company that was comprised of William and Mary students and he also became chaplain to Virginia's House of Delegates.



After the close of the Revolutionary War and disestablishment of the former colony's State Church, Madison played a prominent role in organizing the Protestant Episcopal Church in Virginia. In 1785 he served as president of the church's first convention and he also was instrumental in the formation of the Diocese of Virginia. The Rev. Madison went to England in 1790 and was consecrated bishop by the Archbishop of Canterbury and the bishops of London and Rochester. At that point, Madison became Virginia's first bishop. When he returned to Virginia, his administrative responsibilities were overwhelming, for the defunct Established Church and its successor, the Protestant Episcopal Church, had never had a resident leader. As a result, Bishop Madison was left to draw into a cohesive organization an array of scattered parishes whose clergy were unaccustomed to fitting into a hierarchy on this side of the Atlantic. He also faced staggering membership losses, uncertain funding, and the liquidation of church-owned property, such as glebe lands and abandoned parish churches and chapels. With God's help, Bishop James Madison successfully overcame many of these daunting challenges before his death in 1812. One of his numerous legacies was a map of Virginia, published in 1807. ❁

Saraband

By Sarah Ford Bland

It's an organ! . . . it's a piano! . . . it's a harpsichord! . . . it's a . . . Clavinova! If you have worshiped in the Historic Chapel over the summer, you will have noticed that we have a new keyboard instrument. This versatile, maintenance-free digital piano was available for purchase at a great price this spring from Parker Piano at its annual piano sale at the College of William and Mary. For many years these two institutions have had an arrangement where new pianos—grands, uprights, and digitals—are loaned for the academic year, then sold at discounted prices after school ends. This lovely Clavinova, from the college's piano lab, is a newer model of the one in the New Chapel.

The little 2 rank Temple pipe organ it replaces was sold to Ron Tindall, the local organ builder, who originally installed and now maintains our larger pipe organ. Ron hopes to refashion it into a continuo organ, one suitable for playing Baroque music with choral and instrumental chamber ensembles, and make it available to area churches and music organizations. Although it has served our church well since it was acquired in the 1980s, it was uniquely designed as a demonstration model and never intended for church use. It is very limited in the music it can play, choral accompaniments as well as pieces. Its current design, short keyboard divided at middle C and requiring two toggle switches per stop turned on to play the

entire compass, is cumbersome. It is also difficult to keep in tune because all of the pipes are exposed and subject to being bumped. Those horizontal wooden "blocks" which look like framework? Pipes! The least little jostle can knock a pitch out entirely. It was very frustrating for me and your former organists to play.

I am excited about the many new music possibilities our Clavinova will offer. Because it has full keyboard



range (88 keys) and can be played as a piano, organ or harpsichord, wedding music can have more variety and singers can choose music from a virtually unlimited repertoire. Instrumentalists can have their choice of keyboard accompaniment. Rehearsals with the Chor-

al Scholars and other groups can now be held with satisfaction in the Historic Chapel. I am looking forward to finding new ways to praise God and musically enhance worship with our new keyboard instrument.

"Trumpet and pipes. . . sing to the Lord a new song! He hath done marvelous things. I, too, will praise him with a new song!" (from "Earth and All Stars", Hymnal 1982 #412)



Angels of Mercy Medical Clinic

By Bill Teale

I was introduced to Angels of Mercy (AOM) in 2006 when Chuck Jundt and I were co-chairs of the Fall Festival. At that time, 100% of Fall Festival funds were awarded to AOM. Chuck and I were then elected to the Vestry, became co-chairs of Outreach and became even more familiar with AOM. In 2007, they had a small staff, were not able to utilize volunteers effectively, but did an excellent job providing compassionate, quality health care to the uninsured regardless of their ability to pay. Their funding comes from grants from the Williamsburg Community Health Foundation and donations from churches, service organizations and individuals.

Since 2007, AOM office space has doubled in size. Their team consists of

Jeanne Black, Clinic Director, Jeff Black, Program Manager, Dr. George McBeath, Medical Director, Dr. Monique Sessler, Collaborating Physician, Beverly Smith, RN, Diabetes Educator, Pat Groeninger, RN, Health Educator, and three part time Medical Assistants including our own Pam Maddox- Jefferson. They also have between eleven to fifteen volunteer Health Coaches, (W&M Pre Med Students)

Today, Angels of Mercy provides comprehensive and clinically intensive care to difficult to treat patients. They have specialists for diabetes prevention and care. They have been able to increase the number of chronically ill patients it serves by 35 percent from 2008 to 2012. More importantly, they

have improved the clinical outcomes of their patients.

If you would like to learn more about AOM pick up a brochure at our Kiosk. If you would like to become a Guardian Angel or visit the clinic to see the good work that they do, give me a call at 345-3745. This is another great example of how the Fall Festival benefits organizations in our community.



Vacation Bible School

While attending Vacation Bible School during the first week in August, seventy-four children learned that “Water Works Wonders.” Activities were based on the stories of Jesus’ Baptism, the miraculous catch of fish, Jesus walking on water, Jesus curing the man at the pool of Bethesda, and Jesus changing water into wine at the wedding at Cana. The mornings were filled with water games, including a slip ‘n slide, fishing, and a rain gutter regata; singing lots of songs, especially about water; printing t-shirts with painted (real) fish; making kites and wind socks; making stepping stones; doing art projects with their non-dominant hand and with their eyes closed; and enjoying “fishy” snacks, “wedding cake” and other snacks related to the stories.

The children learned about the world’s supply of drinking water. As their outreach project, they collected \$638.87 for the Episcopal Relief and Development Fund to provide wells and clean water to Haiti.

Seven children associated with HNC attended Vacation Bible School. A huge “thank you” goes to our adult and youth volunteers who helped lead the children throughout the week. HNC parishioners included: Quinn Casheros, Terry Day, De Fehrenbach, Ben Lensenmayer, Sam Lensenmayer, Terri Lensenmayer, Betty March, Paula Simmons, Trevor Simmons, Karen Small, Carol Smith, Pam Stromberg, and Laurie Todd.

Bruton Parish will host VBS in 2014, followed by Hickory Neck in 2015. Mark your calendars for the first week in August and join us.



"What Does the Grant from the Fall Festival Mean to Your Charity?"



"Your generous contribution to Transitional Housing supports an entire family for 4 months of housing, including electricity."

Rosemary Hertzler, Director, Salvation Army Transitional Housing Program

"We rely quite a bit on donations from the community to continue serving women, men, and children in need in this community. Unrestricted funds, like those we receive from Hickory Neck Church, are especially wonderful, since we can use the money in the way we deem best to help our clients. Thank you!"



Bridget Casey, Director of Development and Communication, Avalon: A Center for Women and Children



"It is the support we receive from Hickory Neck that makes it possible for us to help these individuals. We couldn't do without your financial support and faithful volunteers."

Rita Smith, Executive Director, Williamsburg Faith in Action

"Thank you all at WFIA for your help for me and for others like me. Without you, I would be in a nursing home by now, and like anyone else I would much rather stay in my own home." **WFIA client**



"Since 2002 Hickory Neck's Fall Festival has raised \$42,300 for our medical clinic, which serves uninsured residents in James City, Charles City and New Kent Counties. Over the past decade the clinic's patient base has grown from a mere few hundred to over 1,000. On behalf of all the families your church's support

has enabled us to positively impact, thank you from the bottom of our hearts."

Jeff Black, Program Manager, Angels of Mercy Medical Clinic

The 2013 Fall Festival will be Saturday, October 12. Our goals for 2013 are the same as our previous twelve Fall Festivals:

- To continue our Congregational Outreach Commitment;
- To introduce Hickory Neck Episcopal Church to the greater Williamsburg community;
- To get to know each other a little better; and
- TO HAVE SOME FUN!

All profits, the \$14,258 raised last year, and the \$104,871 since 2002 are given directly to area charities, including Angels of Mercy Medical Clinic, Avalon, Williamsburg Faith In Action, The Salvation Army Transitional Housing Program, United Way of Greater Williamsburg Community Resource Center, Greater Williamsburg Outreach Mission, Williamsburg Walks The Talk, and other local charities.